Graduate Medical Education Policy on Requests for **Increases/Changes in Resident Duty Hours Laboratory of Pathology, ACGME Training Programs** Anatomic Pathology, Hematopathology, Cytopathology

Editorial Revision, January 3, 2012

Background: The Laboratory of Pathology has adopted the NIH Graduate Medical Education Policy on Request for Increases/Changes in Resident Duty hours, which has been instituted for all NIH ACGMEaccredited programs.

Policy:

- 1. A GMEC-endorsed policy regarding potential requests for extension of the weekly 80-hour limit on duty hours (to 88) must exist based on a clear educational need. However, no request for an extension of the 80 hour weekly limit exists and after GMEC reviewed the needs of the ACGME-accredited Residency and Fellowship Programs at the NIH, they have determined that there is no need for an extension.
- 2. The maximum total number of hours that can be worked by a resident or fellow in a full week is 80 hours, averaged over a 4-week period. The requirements in the Resident Duty Hours Policy, effective July 1, 2011 continue to be in effect.
- 3. If there has been a violation or deviation of ACGME resident duty hour's regulations, the resident or fellow is responsible and expected to contact, in consecutive order, his or her program director, the Laboratory Chief, or Executive Director, Graduate Medical Education. Complaints will be treated with discretion.
- 4. The program director and faculty monitor demands of service activities and call activities in their programs and make scheduling adjustments as necessary to mitigate excessive service demands and/or fatigue. Monitoring is conducted through observation, resident feedback at monthly resident meetings, and periodic surveys conducted by the NIH GME committee and outside organizations.

Approved on behalf of the Laboratory of Pathology

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National Institutes of Health Clinical Center Office of Clinical Research Training and Medical Education Graduate Medical Education Policy on Requests for Increases/Changes in Resident Duty Hours

Approved by:
Graduate Medical Education Committee: July 20, 2005
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Background: To sustain its mission, which includes training the next generation of physician researchers, it is in the best interest of the intramural program of the National Institutes of Health (NIH) to provide a learning environment that will support the needs of its residents and fellows. NIH sponsors 18 Accreditation Council for Graduate Medical Education (ACGME)-accredited fellowship training programs, through the NIH Clinical Center. It is the responsibility of the NIH to provide residents and fellows with a sound academic and clinical education with concerns for patient safety as well as resident well-being. NIH must ensure that the learning objectives of the program are not compromised by excessive reliance on fellows to fulfill service obligations. Consistent with these precepts, the NIH has previously adopted the GMEC-recommended policy regarding resident/fellow duty hours (*Resident Duty Hours Policy*, approved September 5, 2007 with editorial modifications approved December 8, 2010), which is consistent with the ACGME's Institutional Requirements and Common Program Requirements. Among other requirements, these policies include the limiting of resident/fellow duty hours to no more than 80 hours per week.

In addition, ACGME regulations state that there must be a GMEC-endorsed policy regarding potential requests for extension of the weekly 80-hour limit on duty hours (to 88) by a particular program, based on a clear educational need.

No program has requested such an extension, and, after reviewing the needs of the ACGME-accredited programs, the GMEC has determined that there is no need for such an extension.

<u>Policy</u>: Regarding resident/fellow duty hours within the National Institutes of Health Clinical Center's 18 ACGME-accredited Residency and Fellowship Programs, no program will be eligible to apply for an extension to the weekly limit on duty hours. Therefore, the maximum total number of hours that can be worked by a resident or fellow in a week is 80 hours, averaged over a 4-week period. In addition, all of the other requirements in the *Resident Duty Hours Policy* continue to be in effect.