

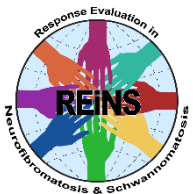
# Embedding Qualitative Patient Interviews in Neurofibromatosis Clinical Trials to Facilitate Drug Development

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Vanessa Merker, PhD

Scott Plotkin, MD, PhD

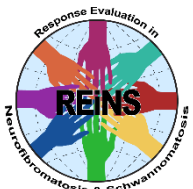
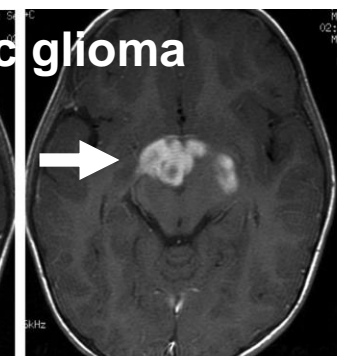
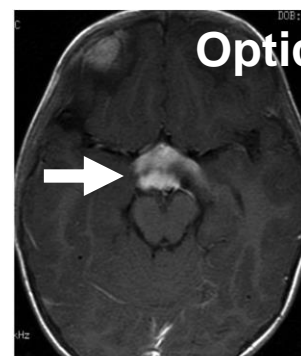
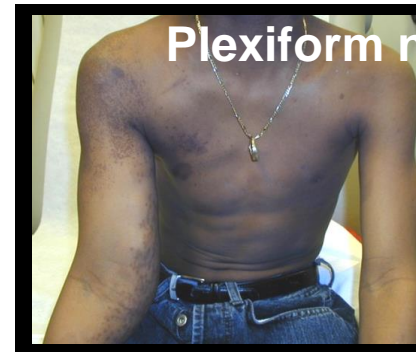
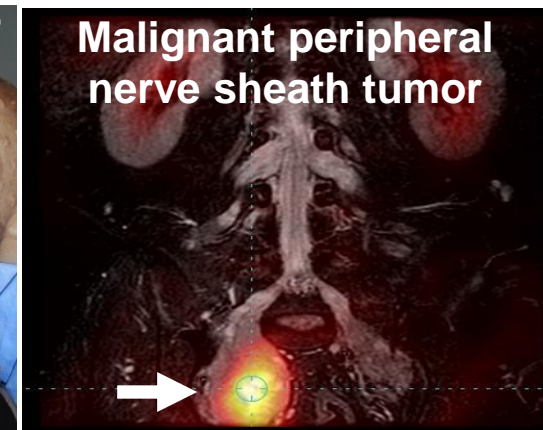
FDA Critical Path Innovation Meeting



Response Evaluation In Neurofibromatosis Schwannomatosis  
INTERNATIONAL COLLABORATION

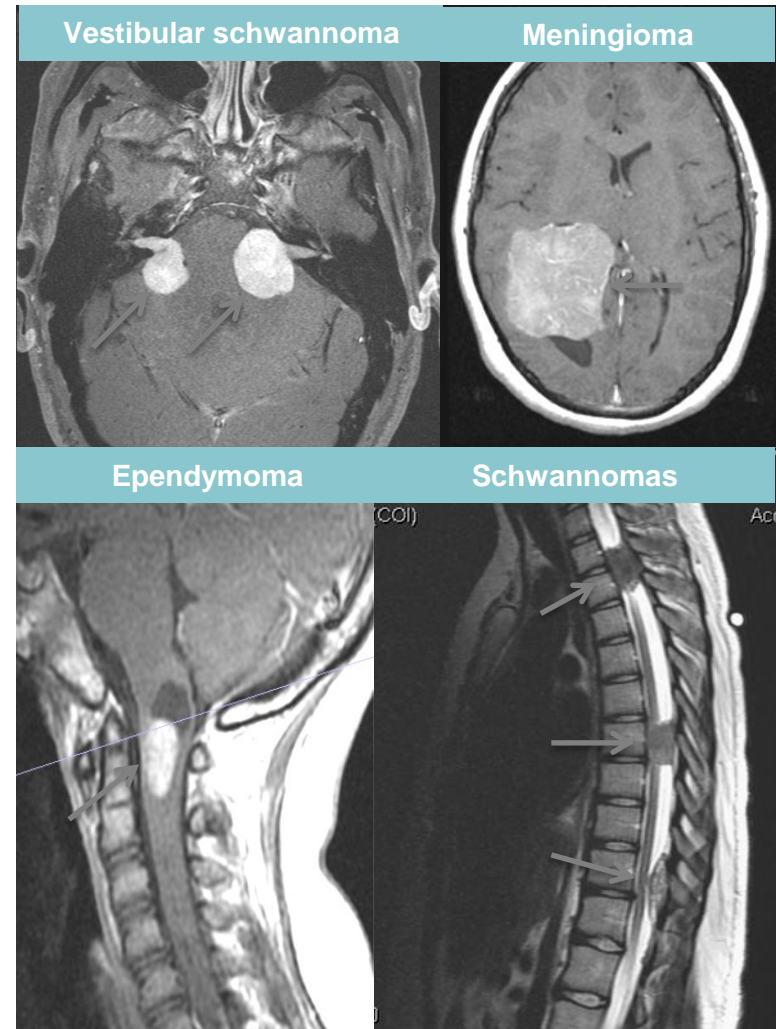
# NF1 is a multisystem disorder

- Prevalence: 1 in 3000
- Caused by germline pathogenic variants in the *NF1* gene
- Average age at diagnosis: 1<sup>st</sup> decade
- Non-tumor manifestations
  - Cognitive/learning challenges
  - Impaired social functioning
  - Skeletal manifestations
  - Vasculopathy



# NF2 tumor suppressor syndrome

- Prevalence: 1 in 50,500
- Caused by germline pathogenic variants in the *NF2* gene
- Average age at diagnosis: 3<sup>rd</sup> decade
- Multiple tumors and tumor types
  - Schwannoma
  - Meningioma
  - Ependymoma
- Benign histology but not benign clinical course



Evans et al., Q J Med, 304, 603-618, 1992.

NF Consensus Statement, Arch. Neurol, 1988; 45: 575-8

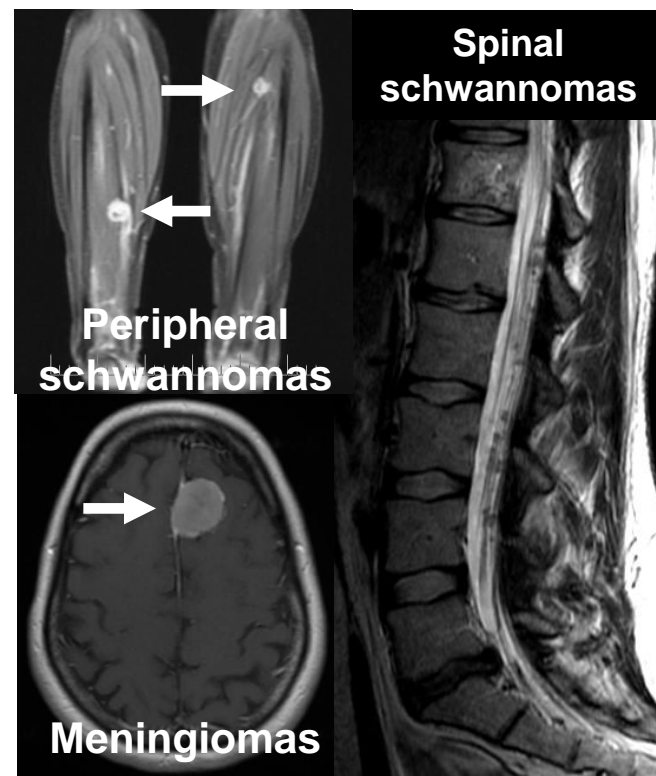
Evans et al., J Neurol Neurosurg Psych, 2018



# Schwannomatosis

## tumor suppressor syndrome

- Prevalence: 1 in 126,315
- Caused by germline pathogenic variants in the *SMARCB1*, *LZTR1* genes
- Average diagnosis--3<sup>rd</sup>/4<sup>th</sup> decade
- Typical presentation
  - Chronic pain > tumor mass
- Diagnosed by presence of multiple non-intradermal schwannomas
- Phenotype overlaps with NF2
- Chronic, severe pain is common



# REiNS International Collaboration

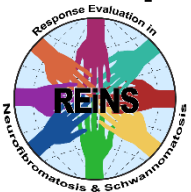
## *Response Evaluation in NF and Schwannomatosis*

- Established in 2011 by team of investigators
- Goal: to develop standardized response criteria for determining treatment response in patients with NF1, NF2, and schwannomatosis
- Focus on collaboration
  - Across countries, institutions, and medical specialties
  - Among experts in NF and other specialties (including the Food and Drug Administration)
  - Including patient representatives
- Consensus response criteria will improve our ability to measure and compare treatment efficacy
- Proactive discussion of endpoints with stakeholders will help facilitate approval of, and therefore access to, drugs for these rare conditions



# Engaging stakeholders

- Investigators
- Patient representatives
- NF Foundations
- Food and Drug Administration
- Cancer Therapy Evaluation Program
- NIH/DOD
- Pharma



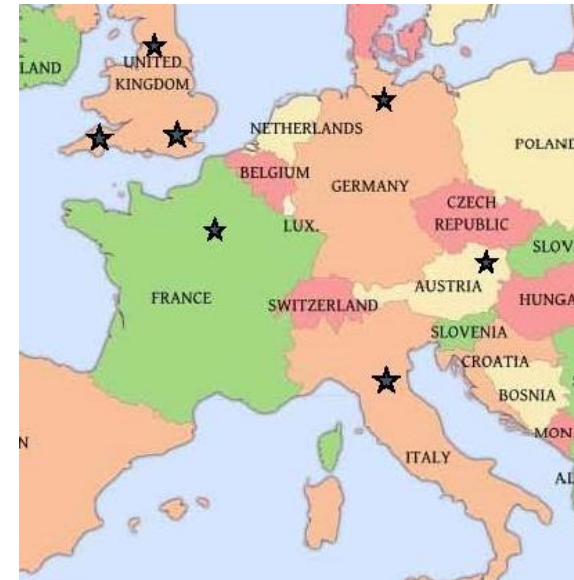
# Response Evaluation in Neurofibromatosis and Schwannomatosis (REiNS)

## Working groups

- Tumor Imaging (Widemann, Ahlawat)
- Functional outcomes (Plotkin)
- Patient reported outcomes (Merker)
- Visual outcomes (Avery, Fisher)
- Disease Biomarkers (Bettegowda/Hanemann)
- Neurocognitive outcomes (Janusz)
- Cutaneous neurofibromas (Cannon/Sarin)
- Patient Representation (Gross)

- 9 working groups
- Over 160 active members
- Over 70 institutions and organizations

***The REiNS working groups are open to all participants***



# How REiNS Works



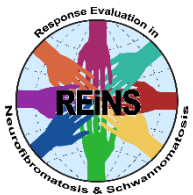
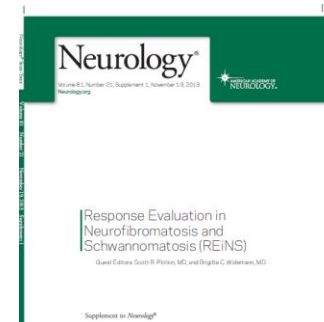
- Monthly meetings
- Teleconference
- Develop recommendations

- Biannual meetings
- In person
- Review recommendations

- Every 2-3 years
- Neurology supplement

## Collaborators:

- CTF and other foundations
- Food and Drug Administration
- Cancer Therapy Evaluation Program
- National Institutes of Health





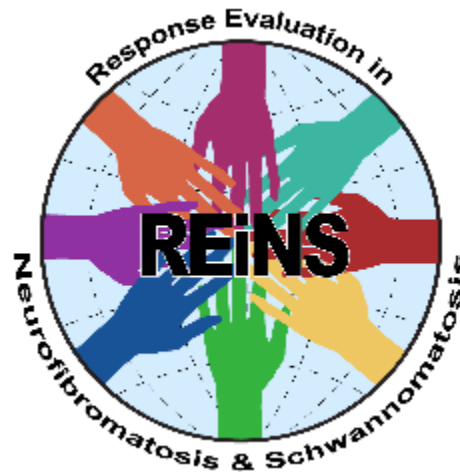
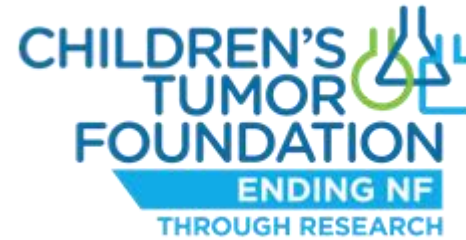
# REiNS publications (2013-2020)

- Achieving consensus for clinical trials: The REiNS International Collaboration
- Patient-reported outcomes in neurofibromatosis and schwannomatosis clinical trials
- Functional outcome measures for NF1-associated optic pathway glioma clinical trials
- Hearing and facial function outcomes for neurofibromatosis-2 clinical trials
- Recommendations for imaging tumor response in neurofibromatosis clinical trials
- Conclusions and future directions for the REiNS International Collaboration
- Consensus for NF Clinical Trials: Recommendations of the REiNS Collaboration
- Outcomes of Pain and Physical Functioning in NF Clinical Trials
- Sleep and pulmonary outcomes for clinical trials of airway plexiform neurofibromas in NF1
- Neurocognitive Outcomes in Neurofibromatosis Clinical Trials: Recommendations for the Domain of Attention
- Current Whole-Body MRI Applications in the Neurofibromatoses: NF1, NF2 and Schwannomatosis
- Current status and recommendations for biomarkers and biobanking in neurofibromatosis

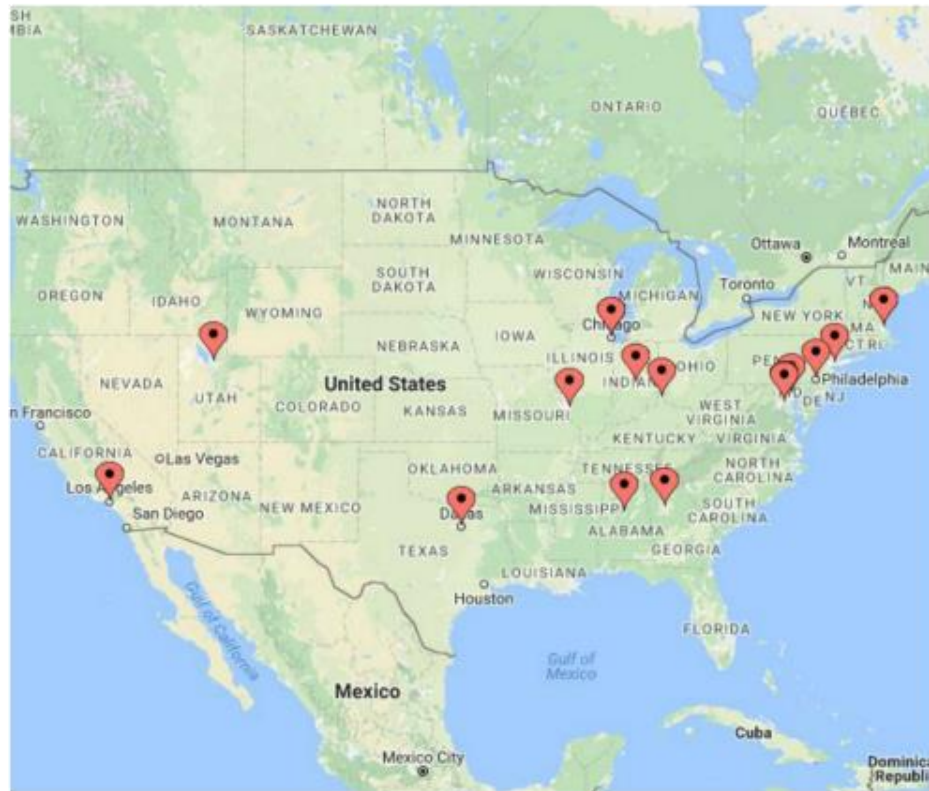


13 manuscripts currently under review at Neurology journal

# NF Research Ecosystem



# Neurofibromatosis Clinical Trials Consortium



## Clinical Trials for period 2007 – 2017

STOPN: Ph2 Study of Sirolimus in Plexiform Neurofibromas

STARS: Randomized, placebo study of lovastatin for learning disability

RAD001: Ph2 study of everolimus in low grade glioma

CABO: Ph2 study of cabozantinib for plexiform neurofibroma

MEK: Phase 2 Trial of MEK Inhibitor PD-0325901 in plexiform neurofibroma

NF2: Phase 2 study of bevacizumab for progressive VS in NF2

BMP2: Randomized study of Bone Morphogenetic Protein for Tibial Pseudarthrosis

## Leadership:

Michael Fisher (Group chair)

Roger Packer (Group chair-past)

Bruce Korf (Coordinating Center)

# Measurement Challenges in NF Trials

New Trial  
Indications

**What to measure?**

Supportive concepts to measure unclear



# Measurement Challenges in NF Trials

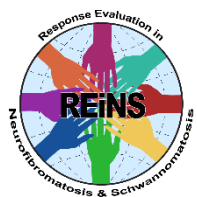
## What to measure?

Supportive concepts to measure unclear

## How to measure it?

Few validated symptom- or disease-specific quantitative outcome measures

Early in COA development



# Measurement Challenges in NF Trials

## What to measure?

Supportive concepts to measure unclear

## How to measure it?

Few validated symptom- or disease-specific quantitative outcome measures

Few quantitative measures that span the lifecourse

Wide age  
range



# Measurement Challenges in NF Trials

## What to measure?

Supportive concepts to measure unclear

## How to measure it?

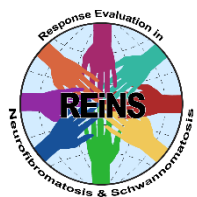
Few validated symptom- or disease-specific quantitative outcome measures

Few quantitative measures that span the lifecourse

## How to understand change in measures?

Limited ability to detect statistically significant changes in secondary outcomes

Small,  
heterogenous  
samples



# Measurement Challenges in NF Trials

## What to measure?

Supportive concepts to measure unclear

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Few validated symptom- or disease-specific quantitative outcome measures

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Usually no anchor-based MCID

Early in COA development





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Limited ability to detect statistically significant changes in secondary outcomes

Usually no anchor-based MCID

## How to understand overall treatment impact?

May not be feasible to measure all impacts quantitatively

Multi-system  
disease



# Measurement Challenges in NF Trials

## What to measure?

Supportive concepts to measure unclear

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Few validated symptom- or disease-specific quantitative outcome measures

Few quantitative measures that span the lifecourse

## How to understand change in measures?

Limited ability to detect statistically significant changes in secondary outcomes

Usually no anchor-based MCID

## How to understand overall treatment impact?

May not be feasible to measure all impacts quantitatively

Lack of holistic, patient-centered view



# NF Clinical Trial Examples

## SPRINT

NF1: symptomatic,  
inoperable plexiform  
neurofibromas

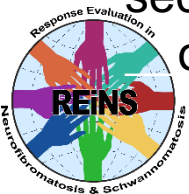
Phase 2 registration  
trial

Open-label treatment

Historical controls



- Heterogenous population
- Many relevant secondary/tertiary outcomes



# NF Clinical Trial Examples

SPRINT	INTUITT-NF2
NF1: symptomatic, inoperable plexiform neurofibromas	NF2: progressive, inoperable NF2-related tumors
Phase 2 registration trial	Screening platform/basket trial
Open-label treatment	Open-label treatment
Historical controls	No controls



- Heterogenous population
- Many relevant secondary/tertiary outcomes



- Few measures of how people feel or function
- Need to identify and refine relevant quantitative endpoints

# NF Clinical Trial Examples

SPRINT	INTUITT-NF2	Tanezumab
NF1: symptomatic, inoperable plexiform neurofibromas	NF2: progressive, inoperable NF2-related tumors	Schwannomatosis: uncontrolled, moderate or severe chronic pain
Phase 2 registration trial	Screening platform/basket trial	Initial RCT
Open-label treatment	Open-label treatment	Double-blind followed by open-label treatment
Historical controls	No controls	Placebo control



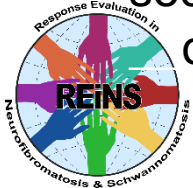
- Heterogenous population
- Many relevant secondary/tertiary outcomes



- Few measures of how people feel or function
- Need to identify and refine relevant quantitative endpoints



- First ever trial in schwannomatosis
- Unclear how best to define degree of meaningful change



# Goals of Qualitative Patient Interviews

- Incorporate patient's perspectives more fully into our response evaluation
- Innovate new trial designs incorporating qualitative interviews to address these aims:
  - Refining quantitative endpoints for NF
  - Defining meaningful change
  - Demonstrating clinical benefits or harms
  - Informing overall risk/benefit analysis



# INTUITT-NF2 Qualitative Sub-Study

- Platform/basket trial
  - Assessing multiple drugs (starting with brigatinib) for efficacy across four tumor types
- Outcome Measures:
  - Primary:  $\geq 20\%$  shrinkage in target tumor
  - Secondary: functional measures of hearing, quality of life PROM



# INTUITT-NF2 Qualitative Sub-Study

- Qualitative Interview Goals
  - Document benefits and burdens of treatment
  - Assess content validity of PRO measure
  - Describe meaningful within-person change in PRO scores from NF2 patients' perspective
- Methodology
  - Hybrid concept elicitation/cognitive debriefing interviews
  - Interviews at ~6 months and ~12 months on treatment
  - Mixed-methods analysis





# Ensuring Rigor in Qualitative Research

## Patient-Focused Drug Development: Methods to Identify What Is Important to Patients Guidance for Industry, Food and Drug Administration Staff, and Other Stakeholders

*DRAFT GUIDANCE*

VALUE IN HEALTH 14 (2011) 967–977



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### ISPOR TASK FORCE REPORTS

**Content Validity—Establishing and Reporting the Evidence in Newly Developed Patient-Reported Outcomes (PRO) Instruments for Medical Product Evaluation: ISPOR PRO Good Research Practices Task Force Report: Part 1—Eliciting Concepts for a New PRO Instrument**

Donald L. Patrick, PhD, MSPH<sup>1,\*</sup>, Laurie B. Burke, RPh, MPH<sup>2</sup>, Chad J. Gwaltney, PhD<sup>3</sup>, Nancy Kline Leidy, PhD<sup>4</sup>, Mona L. Martin, RN, MPA<sup>5</sup>, Elizabeth Molsen, RN<sup>6</sup>, Lena Ring, PhD<sup>7</sup>

<sup>1</sup>Department of Health Services, University of Washington, Seattle, WA, USA; <sup>2</sup>Office of New Drugs, Center for Drug Evaluation Research, Food and Drug Administration,

International Journal for Quality in Health Care; Volume 19, Number 6; pp. 349–357  
Advance Access Publication: 14 September 2007

10.1093/intqhc/mzm042

## Consolidated criteria for reporting qualitative research (COREQ): a 32-item checklist for interviews and focus groups

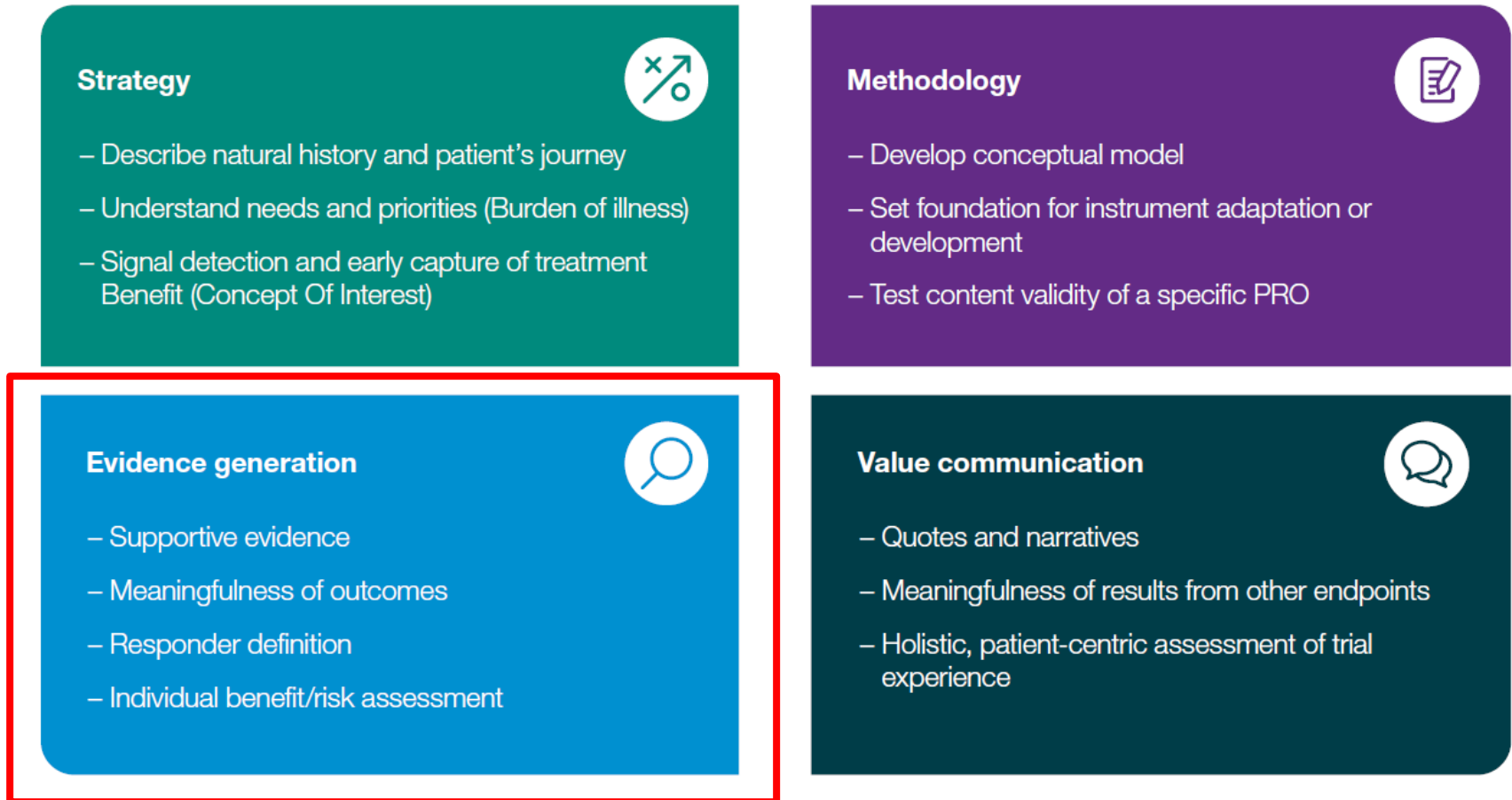
ALLISON TONG<sup>1,2</sup>, PETER SAINSBURY<sup>1,3</sup> AND JONATHAN CRAIG<sup>1,2</sup>

<sup>1</sup>School of Public Health, University of Sydney, NSW 2006, Australia, <sup>2</sup>Centre for Kidney Research, The Children's Hospital at Westmead, NSW 2145, Australia, and <sup>3</sup>Population Health, Sydney South West Area Health Service, NSW 2170, Australia



# Uses of Qualitative Data for Drug Development

Figure 2: Applications of qualitative research embedded in clinical trials



Capturing the voice of the patient in clinical trials: Why and how to integrate qualitative interviews into the protocol. White paper from ICON, available at [www.ICONplc.com/pro](http://www.ICONplc.com/pro)

# Discussion Question 1

*Defining the role of qualitative data to supplement traditional quantitative data in rare diseases*

## Refining endpoints for NF:

How can qualitative data on treatment response from early trials best support the relevance/meaningfulness of quantitative clinical outcome assessments chosen for use in subsequent trials?



# Discussion Question 2

*Defining the role of qualitative data to supplement traditional quantitative data in rare diseases*

Defining meaningful change:

How can qualitative data on patients' perceptions of meaningful change best be elicited and used to contextualize the degree of benefit/harm they experience and to develop minimally clinically important differences for quantitative measures?



# Discussion Question 3

*Defining the role of qualitative data to supplement traditional quantitative data in rare diseases*

Demonstrating clinical benefit and harm:

How can qualitative data best support claims of clinical benefit and understanding of treatment harms (including risk perception of potential harms and burden of side effects/adverse events)?



# Discussion Question 4

*Defining the role of qualitative data to supplement traditional quantitative data in rare diseases*

Informing overall risk/benefit analysis:

How can qualitative data on patient's perceptions of the trade-offs between treatment benefits and harms inform FDA's consideration of a drug's overall risk/benefit profile?



# Discussion Question 5

*Understanding the appropriate clinical trial context to produce meaningful qualitative data*

How can we embed qualitative research in clinical trials designed to overcome challenges of drug development in rare disease, such as:

- single-arm Phase 2 trials
- trials with open-label treatment
- platform and basket trials
- N-of-one trials?

