

# Selumetinib trial targeting cutaneous neurofibromas: preliminary findings and lessons learned

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Ashley Cannon, PhD, CGC

Dominique Pichard, MD

Brigitte Widemann, MD

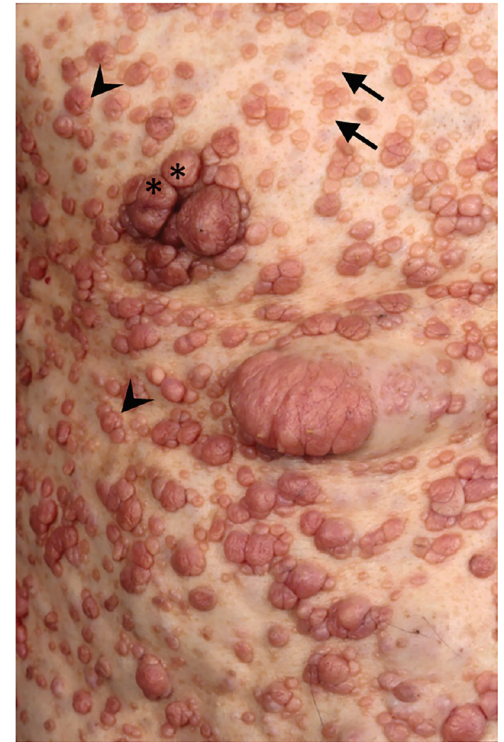


Response Evaluation In Neurofibromatosis Schwannomatosis  
INTERNATIONAL COLLABORATION

# Cutaneous neurofibromas

- Cutaneous neurofibromas affect more than 99% of adults with NF1
- Although these tumors do not have malignant potential, they have significant negative effects on quality of life
- Current treatment of cutaneous neurofibromas are limited, treat only a subset of cutaneous neurofibromas, and can result in scarring and future tumor recurrence
- There is a strong unmet need for the development of effective medical therapies

**Figure 1** Polymorphism of cutaneous neurofibromas (cNF) in a single patient



Many different aspects of cNF can be seen in this patient, including sessile cNF (arrows), globular cNF (arrowheads), and pedunculated cNF (asterisks). NF = neurofibromas.

# Types of cNF Treatment

## Procedural

- Surgical
- Electrodesiccation
- Laser-based (e.g., laser photocoagulation, CO2 laser)
- Radiofrequency ablation
- Photodynamic therapy

## Experimental Drugs

- Ketotifen
- Rapamycin (topical)
- Ranibizumab
- Imiquimod 5% cream (topical)
- Selumetinib
- Everolimus
- Diclofenac



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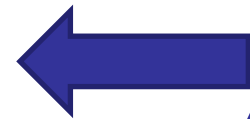
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# Experimental cNF drug trials

	Size	Number	PRO	IGA	Biomarker	Other
<b>Ketotifen</b>			Primary Outcome: Severity scales (1-10) for itching, pain, and tenderness			
<b>Topical Rapamycin</b>	Secondary: Reduction in lesion size (photography)		Secondary: Simple PRO (better, no change, worse)			Primary: Dermatologic sensitivity at site of application (pain, erythema, edema, pruritis)
<b>Ranibizumab</b>	Primary: cNF volume measured by caliper				Secondary: Angiogenic molecules	
<b>Topical Imiquimod 5% Cream</b>	Primary: cNF volume measured by caliper				Secondary: Inflammatory infiltrate and circulating Tregs	
<b>Topical Liquid Diclofenac</b>	Secondary: Tumor size by photography and measuring tape				Primary: Inflammatory process (redness, exulceration)	
<b>Photodynamic therapy (PDT) / Levulan</b>	Primary: Time to progression (50% growth in size over baseline); Secondary: Tumor size by caliper					
<b>Selumetinib</b>	Primary: Volume by caliper	Other: Number by manual counts	Other: Skindex		Secondary: pERK/AKT; Other: -omics studies, kinome, pathology	
<b>Everolimus</b>	Primary: Surface volume by 3D photography					Secondary: # Grade 3 and 4 AES; Other: IHC
<b>RAD001 (Everolimus)</b>	Secondary: Volume	Secondary: Number				Primary: Volume of internal plexiform neurofibromas



# Selumetinib trial targeting cNFs

- Sites: UAB and NCI
- Participants: Adults with NF1 and cNFs
- 24 cycles (1 cycle=28 days)
- Primary outcome measure: cNF volume
- Exploratory aims: cNF counts, Skindex, genomic + methylation + transcriptomic studies

**UAB**

## Selumetinib in Treating Patients With Neurofibromatosis Type 1 and Cutaneous Neurofibroma

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Start Date: Apr 11, 2017 | Sponsors: National Cancer Institute (NCI) | End Date: Dec 31, 2021

### Study Details

Interventional study | Phase 2 study

This pilot phase II trial studies how well selumetinib works in treating patients with neurofibromatosis type 1 and cutaneous neurofibromas. Selumetinib may stop the growth of tumor cells by blocking some of the enzymes needed for cell growth.

### Study Outcomes

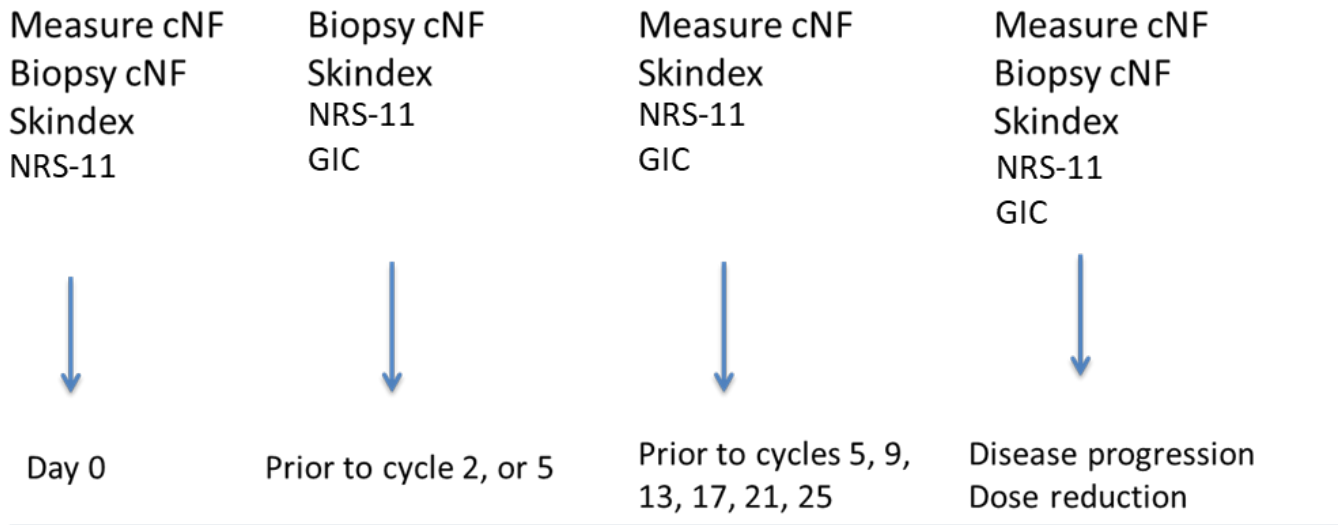
Change in the size of neurofibromatosis type 1 (NF1) tumors and cutaneous neurofibromas assessed by digital photography

### Enrollment Eligibility

Male and Female patients | Patients above 18 years of age



# Selumetinib Trial Schema and Key Evaluations



- Selumetinib at 50 mg every 12 hours continuous dosing schedule (1 cycle -28 days)
- Selumetinib dose may be escalated to 75 mg every 12 hours after cycle 1, if tolerated (no toxicities of grade 2 or greater).
- Dose determined by pediatric phase I study in NF1 PN
- Regular safety evaluations including physical exam, laboratory evaluations, ophthalmology evaluation, echocardiogram, EKG

cNF= cutaneous neurofibroma





# Trial Enrollment as of 12/8/2019

	<b>UAB</b>	<b>NCI</b>
<b>Screened</b>	12	3
<b>Enrolled</b>	8	1
<b>Off Study (adverse event)</b>	2	0
<b>On study (active)</b>	6	1



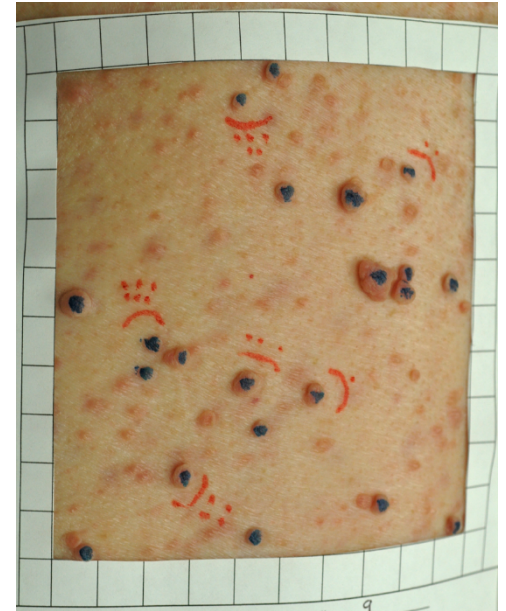
# Adverse Events

Adverse event	Grade	Attribution	Participants Experienced (#)
Rash acneiform	2	5	4
Rash acneiform	1	5	4
Dry skin	1	4	4
Dry skin	2	4	1
Constipation	1	4	2
Onchomycosis	1	3	2
Nausea	2	4	1
Nausea	1	4	1
Vomiting	2	4	1
Fatigue	1	4	1
Hypertension	4	3	1
Hypertension	2	3	1
Edema face	1	3	1
Edema limbs	1	3	1
Diarrhea	1	3	1
Dry mouth	1	3	1
Dysgeusia	1	3	1



# cNF Outcome Measurements

- 100cm<sup>2</sup> paper frames are applied to 3 body locations (e.g. back, abdomen, arm/leg )
- Each location must have:
  - 3-5 “small” cNFs (4-7mm)
  - 3-5 “large” cNF (>8mm)
- All cNFs larger than 4mm within the frame are counted
- cNFs are manually measured with calipers



Counted /  
Measured



# Response Criteria

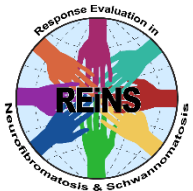
- Change in (sum of lesion volumes)
- Responsive disease=  $\geq 20\%$  decrease in the average volume of the smaller or larger cutaneous neurofibromas compared to the baseline volume
- Progressive disease=  $\geq 20\%$  increase in the average volume of smaller or larger cutaneous neurofibromas compared to the baseline volume
- Stable disease= measurements not meeting criteria for responsive or progressive disease



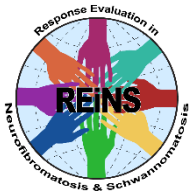
# cNF Volume Response



# Maximum % cNF volume change (per participant analysis)



# Maximum % cNF volume change (per cNF analysis)

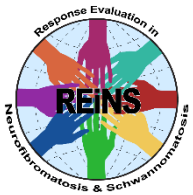




**Baseline**



**Post cycle 12**





# cNF Number Response



# Skindex Scores



# Selumetinib cNF trial summary

- Manual caliper measurement of cNF volume is feasible for clinical trials but does have limitations
- Selumetinib decreases cNF volume
  - All participants had responsive disease ( $\geq 20\%$  decrease)
  - Slow regrowth has been observed in cases where selumetinib was held
  - No disease progression observed ( $\geq 20\%$  increase)
- To date, selumetinib has not significantly changed cNF number
- The Skindex-29 quality-of-life tool may lack the specificity and sensitivity needed to detect cNF treatment responses
- Additional study participant data are needed!



# Lessons learned

- Limitations of manual cNF measurement
- Older patients have more comorbidities (HTN, obesity, diabetes)
- Skindex-29 quality-of-life tool may lack the specificity and sensitivity needed to detect cNF treatment responses
  - “skin condition” changed to “cutaneous neurofibromas” in each line item
  - Analyze each line item to see which ones correlate with toxicities, volume response, and other NF-related issues
- Global impression of change may be a better PRO measure
- A lot of interest in cNF treatment but enrollment was hindered due to:
  - Participant financial/travel/time burden
  - Staff turnover

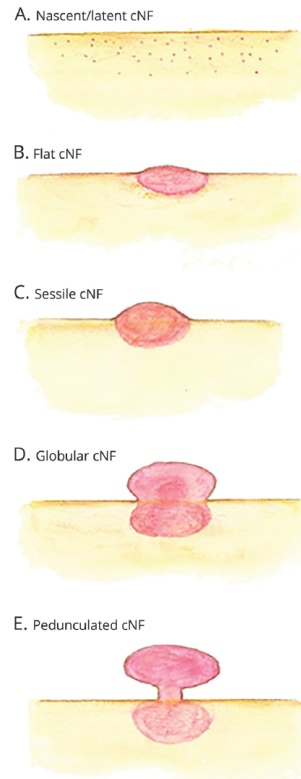


# Manual cNF measurement limitations

- **TIME FOR MANUAL MEASUREMENTS**
  - Identify frame boundaries
  - Higher cNF burden = >>>time
  - Requires 2 people
  - Takes 1-2 hours
- Measurement variability
- Measure/count fused cNFs?
- Hair visually impairs measurement
- Body positioning makes a difference
- How do you measure peduncular and globular cNFs?
- cNF shrinkage and skin inelasticity leads to cNF boundary issues

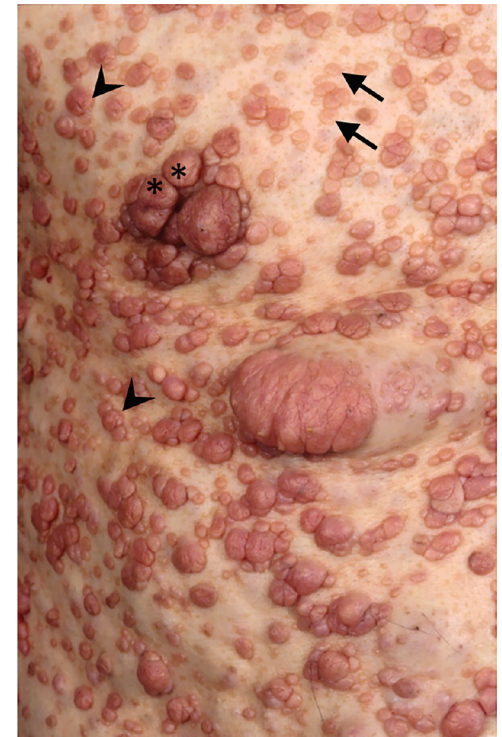


**Figure 2** Proposed categories of clinically observed cutaneous neurofibromas (cNF) to be considered in the prospective validation study



(A) Nascent/latent cNF. (B) Flat cNF. (C) Sessile cNF. (D) Globular cNF. (E) Pedunculated cNF.

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# Recommendations for future cNF trials

- Identification of, or development of, a quality of life index that captures the burden of disease and will be sensitive to change of cNFs
- Topical vs. oral formulation of medication
- When measuring response to therapy, the goal should not be 100% clearance of a cNF
- Reduce barriers to participating in cNF clinical trials



# Acknowledgements

- **UAB**

- Bruce Korf
- Tammi Skelton
- LA Haynes
- Whitney Narmore
- Mina Lobbous
- Kaitlin Callaway

- **Funding**

- NTAP Francis Collins Award (AC)
- AstraZeneca

- **NCI**

- Brigitte Widemann
- Dominique Pichard
- Aisha Wellington
- Jen Desanto
- Cecilia Tibery

- **REiNS**

- Jaishri Blakeley
- Scott Plotkin

